

## PRESS RELEASE

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### Painting Recovery: One Stroke at a Time

On Saturday, May 19<sup>th</sup> from 10am – 2pm, the Women's Recovery Center located at 6209 Storer Avenue in Cleveland will be painting and decorating to welcome clients into the newly renovated addiction treatment facility, as well as, a couple of exterior projects.

The volunteer group *because i said i would* is a social movement and nonprofit dedicated to the betterment of humanity through promises made and kept. The non-profit is changing lives through Promise Cards, chapters of volunteers, character education in schools, and awareness campaigns with global reach.

For the initiative with the Women's Recovery Center, the approximately 25 volunteers will be painting an accent wall in the group therapy rooms, infant and toddler room, and adding positive affirmatives to support women as they approach the therapy rooms. Other volunteers are tacking exterior projects to clean-up the area of the building to prepare for the installation of the playground and a small beautification project.

As a result of the renovations, the Women's Recovery Center's capacity to provide treatment increases from 275 women to 475 women and their families.

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“Providing access to child care is the number one barrier for women that are seeking treatment services.” said Mary Jane Chichester, Executive Director.

With more than 62% of the clients treated diagnosed with a substance use disorder to heroin or other opioids, it is essential to engage women as quickly as possible into an addiction facility that provides individualized care planning. In 2017, more than 800 Cuyahoga County residents lost their battle to opioid addiction. With the work of ***because i said i would***, the volunteers are creating an environment that is comforting and healing that is conducive to healing and family reunification.

The Women's Recovery Center is a State certified intensive outpatient drug and alcohol treatment provider. The treatment approach introduces individualized therapeutic approaches to meet clients where they are. The program curriculum is gender specific and integrates physical health with the behavioral health for the client and her family.

The Women's Recovery Center certified as an intensive outpatient treatment facility for women and their families. Certified and partially funded by the Ohio Department of Mental Health and Addiction Services, the agency is also a contract agency of the Alcohol, Drug Addiction and Mental Health Services Board of Cuyahoga County. The Women's Recovery Center also receives foundation grants and donor support.

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